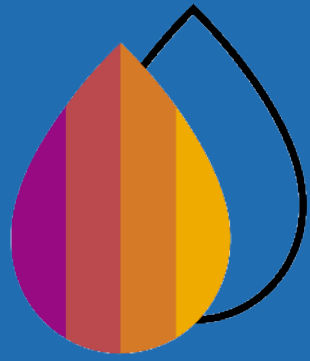


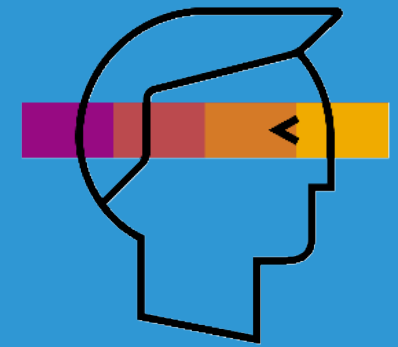
WARNING SIGNS



Increased substance (alcohol or drug) use



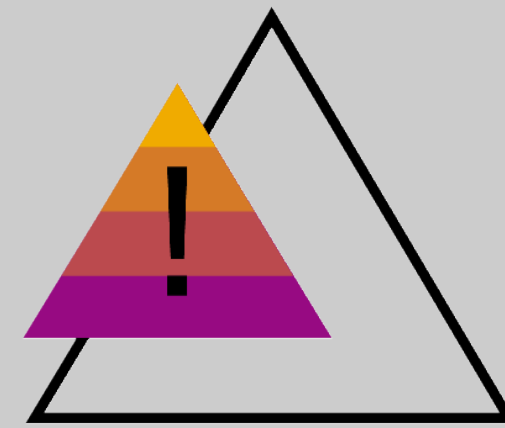
Withdrawal from friends, family and society



No reason for living; no sense of purpose in life



Anxiety, agitation, unable to sleep or sleeping all of the time



Acting reckless or engaging in risky activities, seemingly without thinking

Hopelessness

Feeling trapped

Mood changes

Rage & Anger

Need help?

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